



VINCENT MASSEY P.S. NOVEMBER NEWSLETTER



A Peanut & Nut Safe School

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November 2019 Newsletter #3	10 Church St Bowmanville, L1C 1S3	Tel: 905-623-5502 Fax: 905-623-7341
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DATES TO REMEMBER

- November 4 – Pizza Day
Bus Safety Program
School Council 5:30
- November 4-8: Treaties Recognition Week
- November 5 – Book Fair Begins
- November 6 – Gr. 8's to BHS
Take Your Kid to Work Day
- November 7 – Progress Reports Go Home
Rm. 131 to Outdoor Ed
- November 11 – Pizza Day
- November 13 – Book Fair Ends
- November 18 – Hotdog Day
- November 25 – Pizza Day
- November 28 – Character Assembly - Love

LOOKING FORWARD

December 9 – 11 – Eat Together Holiday Meal

PRINCIPAL'S MESSAGE

November is the month for remembering. Remembering the people who fought for our freedom, people who we love and care about and remembering times when we had positive experiences.

This month we will be learning about the Grandfather Teaching of 'Love'. The eagle represents love because he has the strength to carry all the teachings. The Eagle's teaching of love can be found in the core of all teachings, therefore, an eagle feather is considered the highest honor and a sacred gift. To know love is to know peace. View your inner-self from the perspective of all teachings. This is to know love and to

love yourself truly. Then you will be at peace with yourself, the balance of life, and all things.

We are continuing to focus on the vision of 'I am because we are...together we are a community'. Students hear this every day and are encouraged to reflect on what this means to them throughout the day. I see this as a positive impact on the staff and the students around how they see their fellow peers or the staff at school. Community is important and we need to work at a positive one together.

November is filled with some exciting beginnings. A Parent Volunteer Reading Program is beginning Nov. 4; Reading for the Fun of It reading program will begin Nov. 12th, and will run Tuesday and Thursdays from 2:50-3:30; Maker Space opportunities will be available for students who are interested in creating items that can be used around the school, i.e. scooter racks, fences for gardens, etc.; DrumFit will be beginning as well; students participate in drum routines while drumming on an exercise ball with drumsticks.

I would like to say thank you to all of our volunteers who have helped to make this year a successful start. Without you we would not be where we are today.

Sincerely,

Nicholas Shea
Principal





**BEING AT SCHOOL ON TIME IS
IMPORTANT – LET’S DO IT!**

Supervision on the school yard begins at 8:15. Students are expected to line up with their classmates on the yard and enter the school together at the 8:30 bell. Thank you!

DAILY SCHEDULE	
8:15	Yard Supervision Begins
8:30	Entry Bell
8:30-10:30	First Instructional Block
10:30-11:10	First Nutritional Break
11:10-12:40	Second Instructional Block
12:40-1:20	Second Nutritional Break
1:20-2:50	Third Instructional Block
2:50	Dismissal Bell

PROGRESS REPORTS

Progress reports will be distributed on November 7th. This progress report outlines the learning students have been doing in the last two months. This is an opportunity for you and your child to reflect on the progress that has been made at this time and to use the next steps to support their learning in the coming months. There are no marks/grades assigned at this time.



Those students and staff who may use soy butter as a protein substitute for peanut butter, we ask that soy butter products be clearly labeled as such in lunches. This will ensure students and staff who are allergic to peanuts/nuts will not feel uncomfortable around soy products which are similar in appearance.

Please refrain from using strong shampoos, deodorants, and perfumes.

Thank you for ensuring that we provide a safe school environment for our students and staff.

URGENT

**NUTRITION PROGRAM
COORDINATOR NEEDED**

We would like to congratulate our Nutrition Program Coordinator Christine Williams on her acceptance into college. Unfortunately for Vincent Massey this means we will need a new volunteer (or 2 who could share the work) for our Nutrition Program. The snack program ensures all students will have the opportunity to receive a portion controlled nutritious morning snack. This program serves all students regardless of need to remove the social stigma from those who may depend on it for nutrition. Students enjoy trying new foods with their friends and classmates and may be more adventurous in a group than they would be trying foods at home on their own!

A brief description of the work involved:

I look through the fliers (Flipp app) and find snack items that are on sale. This usually takes 30 minutes.

Monday’s I shop. This can take 1-3 hours I would say. About once a month I go to Costco and the warehouse place.

I personally do snack on Tuesday, Thursday and Friday. If more volunteers can be found then the next leader may not need to do these days.

I will work with the next person to make sure they are ready. I would like to help out a morning but will need to see if my schedule will allow it.

If you are interested in volunteering, contact Christine Williams at cwilliams137@gmail.com



This month we will focus our attention as a school community on three very important events. On November 11th we will assemble for our **Day of Remembrance** where we will honour and show our respect for the men and women that served our country during history's most trying times. As a sign of our appreciation and respect, each student will be given and be wearing a poppy for our assembly. This flower is a very significant and respected symbol for this day - it is also an important way of reminding us that every one of these brave Canadians is never to be forgotten. To this end, a small, voluntary, monetary donation will be gratefully accepted in support of our local legion – Bowmanville #178. Our Assembly will begin at 10:45 a.m. Please join us if you are able.

On Monday, November 11th, a wreath donated by our school, will be laid at the Cenotaph at the Bowmanville Remembrance Day Service. I encourage as many families as possible, to attend.

Another important date this month is Thursday November 14th - **World Diabetes Day**. It is our hope that as a school community, we can raise our awareness and understanding about living with Diabetes. Toonies are being collected in support of the Charles Best Centre. Your donation is gratefully accepted.



And finally, '**Day of Change**' is an important initiative being led by Ms. Crawford's grade 8 class. Every class in the school has been challenged to do their best to fill a class collection jar with loose change by November 7th with all proceeds to be donated to **The Refuge**. Let's see whose class will have the fullest jar!



Outdoor Play + Warm Clothing = FUN!

Having fun and learning to play games in a fun and cooperative manner is something that children need to learn and practice!

With the cold weather upon us, we ask that you ensure that your child comes to school dressed for the weather and prepared for outdoor play. Unless the weather is inclement, students are outside for all recess and lunch breaks. Although we encourage the students to stay dry and away from puddles and wet, muddy areas, an extra pair of socks/underwear/pants in the backpack is always a good idea!



Starting Nov 1st VMPS will be recognizing Indigenous Peoples Awareness Month. We will be speaking about how we can support these people.

POINSETTIA SALES



Vincent Massey will again be selling poinsettias as a fundraiser. The pick-up date for the plants is set for Wednesday November 27th 2-6 p.m. More information will be coming home in November. Thank you once again to our School Council for their efforts in this regard.

RECIPES IN A JAR



The pickup for Recipes in a Jar will also be on Wednesday November 27th 2-6 p.m.

THANK YOU BOWMANVILLE ROTARY CLUB

We would like to thank the Rotary Club of Bowmanville for their generous donation towards our Nutrition Program.



VINCENT MASSEY WILL BE HOLDING
ITS ANNUAL BOOKFAIR

NOVEMBER 5TH – 13TH 2019

STUDENTS WILL HAVE SCHEDULED
VISITS DURING REGULAR SCHOOL
HOURS 8:30-2:50 EACH DAY EXCEPT
NOVEMBER 13TH

NOVEMBER 13TH THE FAIR WILL BE
OPEN 2:30-7:00 PM

THIS WILL ALLOW TIME FOR PARENTS
TO COME WITH THEIR CHILDREN TO ...

Have a good look for a good book!

A very special SHOUT OUT to Gramma
Leech! Mrs. Leech, a grandparent in our
school community has graciously
offered to organize the Book Fair for us –
Thank you Gramma Leech!

Kaps4Kids



On Tuesday, November 5, 2019 Vincent Massey will be encouraging our students to wear their KAPS. In exchange for a \$1 donation students will be permitted to wear their hat, cap, scarf, etc. Funds raised will go to the OPACC (Ontario Parents Advocating for Children with Cancer).

This fundraiser is to support a student at Charles Bowman who has been fighting Leukemia since August 2016. He will be taking his final medication at a hockey game with his team to celebrate his beating Cancer. One of our Vincent Massey students is part of the team and we are excited to support him and his teammate. Remember our school motto.

*"I am because we are...together we are a
community"*