



YOU ARE INVITED TO A MENTAL HEALTH EVENT FOR PARENTS AND CAREGIVERS



HOSTED BY

DURHAM TALKING ABOUT MENTAL ILLNESS (TAMI) COALITION



Presenters:

Dr. Kofi Belfon, Clinical Psychologist

Dr. Belfon will provide an overview of mental health and mental illness in children and youth and will share information about mental health resources.

Val, TAMI Speaker:

Parents/caregivers will also have an opportunity to hear from a TAMI speaker who will share her personal story of hope and recovery.

Followed by Q and A session

Tuesday, May 7, 2019

7:00 - 8:30 pm

**Notre Dame Catholic Secondary School / J. Clarke Richardson Collegiate
1375 Harwood Ave. N., Ajax**

~ Please park and enter on North (Notre Dame) side of building ~

Register at: <https://tami4parents.eventbrite.ca>

(Walk-ins also welcome)

Doors open at 6:30. Come early to visit our community displays.

The Durham TAMI Coalition is a partnership between 3 local school boards, 2 local hospitals, Public Health, mental health agencies and community supports servicing children, youth and families in Durham Region. To learn more about the Durham TAMI Coalition, visit: www.TAMIdurham.ca